

NYNEHEAD NEWS

Welcome back to the village newsletter. We hope you, your families and friends have all stayed safe and well in the last few months.

PARISH COUNCIL

As the COVID-19 pandemic took hold in March, Nynehead was one of the first Parish Councils to embrace technology and allow councillors to participate remotely if they did not feel comfortable attending in person. During the lockdown period, meetings were conducted by Zoom but, as restrictions eased, councillors elected unanimously to resume face to face meetings, managed within the COVID-19 secure guidelines produced by the Government. This has meant that no meetings were cancelled, and all issues and planning applications have been dealt with as they have arisen.

COVID-19 changed the way of life for everyone over the summer months and it was with considerable regret that the planned VE Day celebrations and the Annual Parish Meeting were two of several social gatherings that had to be cancelled this year. As the situation worsened, the Council co-ordinated ways in which it could cater for those members of the community requiring assistance and information and contact details for various sources of help were publicised. Subsequently, a quicker and more efficient way of disseminating information around the village has been agreed upon. A number of volunteers spread across the village will form small hubs and share information verbally or via a written note. The Clerk will collate information and send this via e-mail to the nominated volunteers. It is hoped, in this way, that everyone will be included. Members of the public are encouraged to contact the Clerk if they are aware of any incidents. Information can then be shared and could prove useful in subsequent investigations. **Please contact the Clerk if you are prepared to be a contact volunteer.**

The Annual Audit took place as usual and, in preparation for this, many Council policies and procedures were reviewed, and several pieces of mandatory paperwork and financial statements were approved. The Council has just been notified that the audit has been completed successfully with no matters of non-compliance. In May the Council learned that its application for a National Lottery Award for a defibrillator in East Nynehead could not be taken any further. The scheme advised that all funding decisions for the next six months, at least, would prioritise only initiatives addressing the current COVID-19 situation. It is hoped that applications for funding through alternative sources will reopen in September and, in the meantime, the Clerk has sourced a more cost effective option through the charity London Hearts who supply the dual functioning SP1 iPad defibrillator. This not only carries out daily self-diagnostic tests, meaning maintenance is very limited, but this model can also be applied to both an adult and a child at the flick of a switch rather than having to change pads, thereby saving vital time.

The Parish footpaths have been used extensively this year, particularly during the lockdown period and the Council is grateful to Mr Joe Frost, the Parish Paths Liaison Officer and to Mr Ben Tingay for all they do to keep them in good condition. Rubbish and dog mess remain issues and walkers are reminded to dispose of both responsibly rather than just leave it on the paths which is both unsightly and a potential health hazard. It was agreed that it was safe to hold the popular **Annual Parish Footpath Walk** and this will take place on **Sunday 20th September 2020** departing from the Memorial Hall at **14.00**. Everyone is welcome, including children and dogs, and it is expected that the walk will last approximately one to one and a half hours.

The Parish Council is there to serve the needs of the community. Residents are encouraged to engage with issues as fully as possible and to inform the Council if there is an issue they would like considered. The Council meets every third Monday of the month at 19.30 in The Memorial Hall and everyone is welcome to share ideas or voice concerns. Support is always valued.

Judy Jones - nyneheadclerk@gmail.com

NYNEHEAD CLUB

Hope you are all well under the current circumstances.

We are glad to announce that we will be reopening on the 5th September but on **Saturdays only, from 7.00 to 10.00 pm.**

Work commenced on the 17th August on renovating the kitchen and decorating.

In order for us to protect our staff and members, the Committee asks the following from all our members:

Please **DO NOT** enter the Club

If you are displaying any symptoms of Coronavirus (a high temperature, a new, continuous cough or a loss or change to your sense of smell or taste); or

If you have been told to self-isolate because you have had a positive coronavirus test or been in contact with someone with a confirmed case of Covid-19.

Please note that you may be asked to provide your name and your contact telephone to help us assist the NHS Test and Trace service, if appropriate.

The Club extends its thanks to Gordon Stead for his help with the signage.

Please help us by 'Staying Alert' and keeping your social distance.

Amanda.

Nynehead Memorial Club

PARISH WALK

The walk, led by Joe Frost, will take place on Sunday 20th September – meet at the Hall at 2.00 pm. Everyone is welcome, including children and dogs.

PETS

We would like to offer our condolences to people in the village who have recently lost their four-legged friends. This is a very sad time for you. Perhaps a little consolation might be that if they could speak they would have said "thank you very much for all the love and care you gave me and my very comfortable home and oh, how I enjoyed my long walks when I met other four legged friends and their owners who were always pleased to see me". Hopefully the pain will pass before too long.

From the owners of other four-legged friends in the village

MEMORIAL HALL

We are pleased to confirm that the Hall has undergone a makeover in the past few months, which we hope will be enjoyed by all users. This includes complete redecoration of the main hall, entrance lobby and kitchen, new LED strip lights in the main hall and kitchen, a new vinyl floor and heating to the entrance lobby.

We have provided extensive signage and advice for the use of the Hall so hirers can comply with Government advice for the Hall to be used in the current circumstances. We have also arranged a deep clean and ongoing cleaning as required.

We would like to confirm that the Hall is available for use in its newly enhanced condition and it can be booked in the usual way through Denny (her details are in the 'Contacts' section below). Hirers must conform to Government regulations which currently are to maintain a two metre social distance and wear a face mask.

Lastly, we would like to tidy up the garden and frontage of the hall and ask for any volunteers who would be happy to help at a weekend. Also, if anyone has any unwanted plants that we could make use of please contact Gordon Stead.

ALL SAINTS CHURCH

It is planned to resume services at our Village Church from the middle of September. We plan to have two services each month, although only one will be a service of Holy Communion as Government restrictions mean that the Vicar can visit only one church each Sunday, and Rev. Alan Ellacott looks after five parish churches. The other service in Church each month will be a short Service of Morning Prayer led by our own members.

Our first service will be the Harvest Festival on Sunday 13th September at 10.45 am. We will decorate the church but unfortunately we are not allowed to sing; we will however listen to harvest music! We hope that as many people as possible will join in this celebration of the re-opening of the Church - after both the Covid pandemic and the completion of the new heating system plus the removal of wet plaster on the walls.

Government restrictions require us all to wear face coverings in church and maintain social distancing. Hand gel and spare face masks will be available.

JUBILEE PLAYING FIELD

It was great to see people making use of the track for walking, cycling and running as their daily exercise during lockdown. We were then very pleased to be allowed to reopen the play equipment for use in July.

Please remember there are no bins on the field so please take any litter home with you and remind any young people from your household to do the same.

Seeking a new committee member

Alex Ilo, who was the Chair of the Committee has resigned as she has moved away, and we would like to thank her for her contributions to the Committee. To continue to run, we need a new fifth committee member. Anyone who is interested should speak to Hazel Williams – 07779 581834. In normal circumstances, we meet a few times a year in the evening to talk through plans for the field, but we are currently managing it via email.

We have postponed the Annual General Meeting until restrictions on indoor meetings are lifted further.

Sale of land next to/including garage

We held an Extraordinary General Meeting in late 2019 to discuss the potential sale of a small piece of the playing field. The meeting agreed to offer the land for sale by informal tender to any of the three neighbouring properties. Lockdown delayed the plans, but we are now in contact with a land agent to start the process.

NYNEHEAD CRICKET CLUB

Nynehead Cricket Club was able to return to cricket in late July. Revised conditions allowing safe play during the pandemic have been introduced. Whilst these have removed a lot of the social element of the game at least the game can now be safely played. Spectators are still welcome but must remain socially distanced from the players and each other. Only toilet facilities are available, so please bring your own seating and refreshments.

Lots of hard work was done during lockdown to ensure the field was ready to play and this work has now paid off. Whilst very few evening fixtures have been able to be played, the Sunday fixtures will continue until the 3rd weekend in September.

New players are always welcome with the contact details being available on the Cricket Club's website www.nyneheadcc.co.uk with the latest news posted on the Club's Facebook page.

GARDEN CLUB

2020 – What a year with a wet, cold start in January and February so a lot of us were very late starting in the garden. I know I was four weeks late with the first early potatoes and then warm sun and, of course, Covid-19 struck. The by-product of the virus was an increase in gardening with a last-minute scramble for seeds, plants and compost before lockdown.

I am sure that this year there would have been a high number of quality entries for the annual Flower Show, but with schedules printed and judges booked it was with much regret that we had to cancel the show along with our monthly Garden Club meetings. The Show is a social get together and many people have told me they have missed the cuppa, cake and natter that brings our spread out village together.

It's only late summer but be prepared to order seed, bulbs and plants early for the 2021 season and let's all make it a wonderful, colourful and fruitful year with a Flower Show, we hope.

The September (Orchids) and October (Planning a Garden) meetings have been cancelled but there is a possibility that the November meeting on RHS Shows and the Club's AGM and party in December will take place. We will let you know.

Keith Haslam

VILLAGE AGENT

Talking Cafés

Talking Cafés are streaming LIVE daily on Facebook at 11.00 am covering a different topic each day and you can also catch up here: www.facebook.com/talkingcafesomerset/live. Agents from CCS are there answering questions via comments or you can privately message to the page.

Focus on Domestic Abuse

Domestic abuse can happen to anyone, of any age. We are seeing a particular rise in cases of abuse being reported by people over 71 years. Tensions can escalate due to restrictions on 'normal life', but they are never an excuse for violence, manipulation, coercion and controlling behaviour. Even if you are self-isolating, government guidance allows you to leave your home to flee an abuser or seek help. It is rarely a one-off occurrence, usually a pattern of abusive, controlling behaviour.

Getting help

- Look at <http://www.somersetsurvivors.org.uk>
- Local helpline: 0800 69 49 999
- In an emergency always dial 999, if you cannot speak press 55 when operator answers
- Talk to any health professional or your Village Agent – we can help!
- Somerset pharmacies consulting rooms are a safe place for getting help

Top tips to avoid social media scams

Online and social media use is up since lockdown began, so stay vigilant of new scams circulating. Simple tips to help avoid social media scams can be found on www.getsafeonline.org

If you become a victim of a social media scam:

- Report it to the social media network on the site/app.
- If you've lost money via a social media scam or any other fraudulent activity, report it to Action Fraud, telephone 0300 123 20 40 or visit www.actionfraud.police.uk.

Face Coverings

We are all getting to grips with remembering our masks when we go out. The government has full details on <https://tinyurl.com/y7pd957e>

If you fancy making one, there are great free patterns available on this website: <https://www.sewcanshe.com/blog/5-free-diy-face-mask-tutorials-using-fabric>

Staying Connected

The pandemic has forced us to be creative in how we stay connected. Carers especially may have found themselves more isolated. You can connect online, such as joining Facebook groups or online forums. This month's Carers Newsletter at <https://tinyurl.com/y3tkkg13> has lots of ideas of groups you could join – whether you are a carer or not!

- The Virtual Village Hall <https://www.royalvoluntaryservice.org.uk/virtual-village-hall/>
- Home Pamper Session www.wikihow.com/Pamper-Yourself-at-Home
- Online Book Clubs - Good Housekeeping recommends <https://tinyurl.com/y5288tn5>
- Take a mindful moment in nature. Mind.org.uk has tips here: <https://tinyurl.com/y2k26uq3>
- SEED – Creative Lives under Lockdown www.seedsedgemoor.com/creative-lives-under-lockdown/

Hydration

Good hydration helps prevent/treat urinary infections, incontinence, constipation, memory problems, dizziness leading to falls and it reduces hospital admissions.

- Make it social! Take time out to have a cuppa
- Have drinks available at mealtimes
- Set reminders to drink every hour
- Fill a 1½ litre jug, make sure it's gone by the end of the day! Add mint/cucumber for added refreshment!

CCS Village Agents can supply you with your very own free water bottle to help keep you hydrated! There is even a handy guide on the side to help remind you to drink throughout the day! Contact your local Agent to get one!

Cat Sweatman

07746 340546 - cat@somersetccc.org.uk

LOST AND FOUND

A pair of spectacles have been found on the wall by the Court's entrance pillars, at the bottom of the Court/Church drive. Please ring 01823 663166 if you think they may be yours.

SOMERSET COUNTY COUNCIL

Coronavirus

Help and information is now available in a single place on the SCC website. You can access a range of help and support from local authorities, the NHS, charities and other organisations in Somerset. We have collected the best resources on these pages. Please use the information to help yourself and others where you can. This page is refreshed regularly to update you on developments and news - <https://www.somerset.gov.uk/coronavirus/covid-19-latest-advice/>

If you can't find the help you need on this website, or your need is more urgent, please call the Somerset Coronavirus Helpline on **0300 790 6275**. The helpline is available from 8am to 6pm every day, including weekends.

If your question is health-related, please visit the NHS website for the latest information on how to protect yourself or get medical help.

If you are deaf, hard of hearing or speech-impaired you can contact us using SMS text: 07781 482858



Do you have a few hours to spare a month to visit someone in your area?

Being visually impaired can be very isolating and to help with this:

We are looking for people to befriend someone in your local area who needs a little company just to sit and chat over a cup of tea or

Maybe go out and visit a Garden Centre or

Help with correspondence and maybe some personal shopping

Volunteering for Somerset Sight is a very rewarding and fun thing to do and many of our volunteers and visually impaired people make lasting friendships.

We give full training and reimburse all reasonable expenses.

If you feel that this is something you would like to do then please contact:

Avril Johnson Volunteer Visiting Co-Ordinator on 01823 366143 or Email avril@somersetsight.org.uk

Registered charity no. 1154472

STABLE ARTS

Stable Arts has reopened with a full programme of classes for autumn.

The Orangery at Nynehead Court will not be available so the majority of classes will take place in the Stables and at the moment classes will be limited to six people to allow for social distancing.

For details of all courses, please contact Merry Roberts at stablearts@hotmail.com

NEWSLETTER

This is your newsletter. If you would like to contribute, either in an article, picture or other format then please let me have it by the relevant editorial deadline.

If you would like to receive the newsletter electronically, please send me your email address and include your postal address so that we make sure you don't get a paper copy as well!

You can also find the newsletter on the village website - <http://nynehead.org/index.php/community/newsletter> .

Rosemary Lea

DIARY

Event	Date	Venue	Time
Nynehead Club reopens	Saturday 5th September		7.00/10.00 pm
Cricket Club match	Sunday 6th September		
Harvest Festival	Sunday 13th September	All Saints Church	10.45 am
Cricket Club match	Sunday 13th September		
Parish walk	Sunday 20th September	Meet at Memorial Hall	2.00 pm
Cricket Club match	Sunday 20th September		
Parish Council – no meeting	Monday 21st September		
Parish Council meeting	Monday 19th October	Memorial Hall	7.30 pm
Garden Club – RHS Shows N.B. This may be cancelled	Monday 9th November	Memorial Hall	7.30 pm
Parish Council meeting	Monday 16th November	Memorial Hall	7.30 pm

USEFUL CONTACTS

	Telephone No.		Telephone No.
NHS – Non-urgent	111	Police – Non-urgent	101

	Contact	Telephone No.	Email Address
Parish Council			
Chairman	Jan Butterley	461349	jan@nyneheadfruit.co.uk
Vice Chairman	Gordon Stead	660883	gordontstead@gmail.com
Members	Rivers Barry	666845	therbarrys@aol.com
	Amanda Harcombe	668653	amandaharcombe@talktalk.net
	Malcolm Vest	461758	malcolm.vest@btinternet.com
Clerk to the Council	Judy Jones	664352	nyneheadclerk@gmail.com
Footpath Liaison Officer	Joe Frost	663909	sanJo7@talktalk.net
District Councillor	Gwilym Wren	400657	cllr.g.wren@somersetwestandtaunton.gov.uk
County Councillor	James Hunt	664400	jahunt@somerset.gov.uk
Police	PCSO Vicky Henderson	07889 655302	victoria.henderson@avonandsomerset.police.uk
All Saints Church			
Churchwarden	Rachel Vest	461758	malcomandrachel.vest@btinternet.com
Cricket Club - Captain	Simon Duncan	07737 921736	
Secretary and Events	David Raybould	07967 657122	daraybould@btinternet.com
Garden Club	Keith and Louise Haslam	461667	
Local History Society	Sheila Rabson	666609	rabsons@btinternet.com
Jubilee Playing Field	Hazel Williams	619363	hazevans@gmail.com
Memorial Hall Bookings	Denny Harfield	972723	nyneheadhallbookings@btinternet.com
Nynehead Club - secretary	Amanda Harcombe	668653	amandaharcombe@talktalk.net
Nynehead Under 5s Pre-School	Natalie Smith	664365	
Village Agent	Cat Sweatman	07746 340546	cat@somersetccc.org.uk
Nynehead News	Rosemary Lea	666166	rosemarylea912@btinternet.com

The proposed dates for the newsletter for the next year are as follows:

Deadline for copy

Saturday 21st November 2020
 Sunday 21st February 2021
 Friday 21st May 2021
 Saturday 21st August 2021

Publication date

Tuesday 1st December 2020
 Monday 1st March 2021
 Tuesday 1st June 2021
 Wednesday 1st September 2021